



# El Dorado



## FEBRUARY 2023



## NOTES & NEWS

### Hugs and Kisses

Etched on candy hearts and signed at the bottom of love letters, the letters “xoxo” symbolize a sweet sentiment of “hugs and kisses.” Substituting the letter X for a smooch dates back to the Middle Ages. People who could not read or write would sign documents with an X, then kiss the mark to pledge their sincerity. The letter O joined the X much later, in the mid-1900s, to pair the kiss with a hug.

### Potato Lovers, Assemble!

February is Potato Lovers Month! Filling, affordable and versatile, potatoes are a star vegetable. Throw them in the fryer, bake them and heap on hearty toppings like chili or cheese, or mash them with seasonings. In celebration, try out some new potato recipes this month!

### Bath Mat Benefits

A rug is a must for any size bathroom. Not only does a bath mat look nice, but it also provides protection from slippery tile, regulates body temperature after bathing and prevents mildew by keeping the floor dry.

## HIGHLIGHTS

### Super Bowl LVII

Scheduled for Feb. 12 in Glendale, Ariz., Super Bowl Sunday is sure to be loads of fun this year! Prepare your favorite snacks, clear your schedule and safely enjoy the big game.

### Chef Shake-Up

Loved by fitness fans, shaker bottles—drink containers with a ball-shaped whisk inside—are convenient ways to blend a protein shake or smoothie. However, the cups can also be used to mix pancake batter, make homemade sauces and salad dressings, or beat eggs for a fluffy breakfast scramble.

### Floating Lantern Festivals

Like small hot air balloons, paper lanterns have an opening at the bottom where a heat source is suspended, allowing the lantern to drift across the sky. These bright, floating marvels originated in China and were used as a military signal during the Eastern Han Dynasty (A.D. 25–220). Now, they are used mostly for celebration or in remembrance ceremonies. This tradition doesn't only occur in China; many cultures hold festivals with floating lanterns, including areas in North America, India, Vietnam, Thailand and Poland. Often, a wish, riddle or message to a loved one is written on the lantern before it's released into the sky.

### Get Up and Get Going!

Falling, literally and figuratively, is a hurdle that is hard to get over. The Get Up Campaign was launched by the U.S. Figure Skating organization in 2017 to identify the courage, passion and determination that is needed to get back up, not only in the rink, but also in life. Celebrate National Get Up Day on Feb. 1 by starting a new project, going back to one that you may have given up on, or inspiring others to keep going.

## BULLETIN BOARD

### MANAGEMENT

Danielle Zaidel

### OFFICE PHONE & EMERGENCIES AFTER HOURS

(408) 734-1929

### ADDRESS

600 E. Weddell Drive  
Sunnyvale, CA  
94089

### OFFICE HOURS

Monday–Friday only  
8AM-11AM  
1PM-4PM

### CLUBHOUSE HOURS

Monday–Sunday  
9AM to 9PM

Closed Holidays

### CAR WASH HOURS

9AM-8PM

### LAUNDRY FACILITY HOURS

8AM to 9PM



## February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 	4
5	6	7	8	9	10	11
12	13	14 	15	16	17	18
19 <b>Presidents Day</b>	20	21	22	23	24	25
26	27	28	<i>february</i>			

# "This Month In History"

## FEBRUARY

**1903:** The first teddy bear, named after President Theodore Roosevelt, goes on sale.

**1913:** New York City's newly renovated Grand Central Terminal opens. More than 150,000 people visited the train station on opening day.

**1935:** In a secret demonstration, engineer Robert Watson-Watt uses radio waves to determine the location of nearby aircraft. The experiment led to the development of radar, from the words "radio detection and ranging."

**1942:** The first-ever gold record is presented to Glenn Miller for his song "Chattanooga Choo-Choo," which had sold 1.2 million copies.

**1959:** Commonly known as a microchip, the integrated circuit is patented, allowing electronics to become smaller, faster and less expensive.

**1964:** The Beatles perform in the U.S. for the first time.

**1971:** Apollo 14 lands on the moon, becoming the third crewed mission to do so, as well as the first to visit the lunar highlands.

**1990:** In South Africa, Nelson Mandela is released from prison at age 71. He served 27 years for his activism against the government-sanctioned segregation known as apartheid.

**2001:** Disney's California Adventure Park, a 72-acre attraction next door to Disneyland, opens.

**2018:** Paul Simon announces his farewell tour. His singing and songwriting career spanned six decades as both a solo artist and as part of the duo Simon & Garfunkel.