



El Dorado



MAY 2023



HIGHLIGHTS

Hugs and Quiches

Endlessly customizable, a quiche is the perfect dish for breakfast, brunch, lunch or dinner. Don't let the fancy French name fool you—this savory tart is quick to put together and calls for basic ingredients like eggs, milk and cheese, plus the proteins or vegetables of your choosing. For convenience, you can use a frozen pie crust and prepare the quiche the day before you plan to serve it. A quiche is a great method of sneaking in veggies, and mini versions, made in a muffin tin, are fun for all ages to eat!

Lucky Giants

Representing luck, prosperity and wisdom, elephants are popular symbols in many cultures. The decorating technique of feng shui—intentional placement of items to direct energy flow—states that placing an elephant figurine just inside your front entrance, facing indoors, brings good luck into the home.

It's Outta Here!

A ballpark can be considered "home run friendly" based on several factors, such as field dimensions and climate! Sports analysts have named Coors Field, home of the Colorado Rockies, the best MLB ballpark to hit a dinger, thanks to the large outfield and mountain altitude that helps fly balls soar farther.

BULLETIN BOARD

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Monday–Friday only
8AM–11AM
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9AM to 9PM
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9AM–8PM

LAUNDRY

FACILITY HOURS
8AM to 9PM

NOTES & NEWS

Milkweed for Monarchs

The first Saturday in May is National Start Seeing Monarchs Day, when the familiar black-and-orange butterflies begin showing up. Planting milkweed, their caterpillars' only food source, can help monarch populations thrive. The best choices for container gardens are tropical milkweed, because of its short height, and swamp milkweed, since it lacks the long taproot that other varieties have.

In Season

Incorporating fruits and vegetables into your diet is important, and in-season produce is your best bet for fresh and delicious picks. Now that the weather is warming, it's time to enjoy asparagus, peas, radishes, fiddleheads, artichokes and morel mushrooms. Springtime fruits include mangos, pineapples, strawberries, apricots, kiwis and cherries.

Stay Laughing

"If you're going to be able to look back on something and laugh about it, you might as well laugh about it now."

—Marie Osmond

Month of Mystery

The air is rife with suspenseful tension and eerie feelings, and we hope you have a solid alibi because May is National Mystery Month. Booklist, a publication by the American Library Association, established this holiday in 2009. Get in the spirit by curling up with a cozy mystery novel, watching your favorite thriller or hosting a whodunit game night.



May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5 	6
7	8	9	10	11	12	13
14	15 	16	17	18	19	20
21	22	23	24	25	26	27
28	Memorial Day 29	30	31	<i>May</i>		

"This Month In History"

MAY

1907: John Wayne is born on May 26. An American patriot and cowboy legend, Wayne spent three decades as one of the top box-office draws, appearing in over 170 films.

1919: Tired of burnt toast, Charles Strite comes up with the idea for the pop-up toaster. Heating both sides of a slice of bread at once and ejecting it when it's done, the toaster is now the most common kitchen appliance.

1927: Charles "Lucky Lindy" Lindbergh is the first pilot to fly a solo nonstop flight from New York City

to Paris. Ushering in a new era of air transportation, the 3,600-mile flight took 33 1/2 hours.

1940: The first McDonald's opens in California. As of 2021, there are more than 40,000 locations worldwide.

1954: In the *Brown v. Board of Education* case, the Supreme Court rules that racial segregation in public schools is unconstitutional. A cornerstone of the civil rights movement, this decision set the precedent for ending "separate but equal" laws.

1978: Users on ARPANET, an early version of today's internet, are annoyed when they receive an electronic sales ad—the first spam email—from Digital Equipment Corporation.

1980: The video game *Pac-Man* premieres in Japan. Having sold nearly 48 million copies of the game, the franchise has grossed over \$14 billion.

2004: After 10 seasons, the 236th and final episode of the sitcom "Friends" airs on NBC.